

Late July
Organic Restaurant Style
Tortilla Chips



2/\$6
11 oz



Sunshine Burgers
Organic Veggie Burgers
(selected varieties)



\$3.49
8 oz



Food For Life
Organic Ezekiel 4:9® Bread
(selected varieties)

\$4.29
24 oz



Health-Ade
Organic Kombucha
(selected varieties)

2/\$5
16 oz



Organic Valley
Organic Cheese
(selected varieties)

\$4.49
8 oz



Once Again Nut Butter
Organic
Sunflower Seed Butter

\$4.79
16 oz



Farmer's Market
Organic Pumpkin

\$1.99
15 oz



Annie's
Organic Ketchup

\$2.79
24 oz



Hope
Organic Hummus
(selected varieties)

2/\$6
8 oz



Coconut Bliss
Organic Non-Dairy
Frozen Dessert

\$4.79
1 pt



Muir Glen
Organic Tomatoes
(selected varieties)

4/\$5
14.5 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.

Napa Valley Naturals
Organic Cold Pressed
Extra Virgin Olive Oil



\$9⁷⁹

25.4 oz

wildbrine
Sauerkraut
(selected varieties)



\$5⁴⁹

18 oz

Lundberg Family Farms
Organic Brown
Short Grain Rice



\$4²⁹

2 lb

Annie's
Organic Dressing
(selected varieties)



2/\$6

8 oz

Organic Valley
Organic Cream Cheese Tub



\$3²⁹

8 oz

Nancy's
Organic Lowfat
Cottage Cheese



\$4⁷⁹

16 oz

Jovial
Organic Gluten Free
Egg Tagliatelle



\$3⁴⁹

9 oz

Cascadian Farm Organic
Organic Frozen Vegetables
(selected varieties)



2/\$5

12 oz

Field Roast
Grain Meat Sausage
(selected varieties)



\$4²⁹

12.95 oz

Muir Glen
Organic Pasta Sauce



2/\$5

25.5 oz

Rising Moon
Organic Ravioli
(selected varieties)



\$4⁹⁹

8 oz

Alexia
Potatoes
(selected varieties)



\$2⁷⁹

15-16 oz

DeBoles
Rice Lasagna



\$2²⁹

10 oz

Dr. McDougall's
Big Cup Soup
(selected varieties)



4/\$5

1.8-3.4 oz

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Harmless Harvest
Organic Harmless
Coconut Water

\$3⁷⁹

16 oz



Lakewood
Organic
Pure Pineapple

\$5²⁹

32 oz



Choice Organic Teas
Organic Oolong Tea

\$3⁴⁹

16 ct



Barnana
Organic
Plantain Chips

\$3²⁹

5 oz



Theo
Organic
Chocolate Bar
(selected varieties)

\$2²⁹

3 oz



Happy Baby
Organic
Superfood Puffs

\$2⁴⁹

2.1 oz



Annie's
Organic
Graham Crackers

\$3⁴⁹

14.4 oz



Organic Valley
Organic
Mozzarella Stringles

\$3⁹⁹

6 oz



OCHO Candy
Organic Candy Bar

2/\$3

1.5 oz



Fact

**Organic
reduces
health risks**

by minimizing exposure
to toxic and persistent
chemicals and pesticides.



#Organic @OrganicTrade

OTA.com

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KEVITA[®]

ALIVE LIKE YOU[™]

KeVita[®] is a leader in fermented probiotic and kombucha beverages with three refreshingly accessible product lines –

- Sparkling Probiotic Drink
 - Master Brew Kombucha[®]
 - Apple Cider Vinegar Tonic
- with billions of live probiotics in every bottle.



KeVita
Organic Sparkling
Probiotic Drink



2/\$5

15.2 oz



C2O
Coconut Water



2/\$3

17.5 oz

Brew Dr. Kombucha
Organic Kombucha
(selected varieties)



2/\$5

14 oz



Vermont Smoke & Cure
Meat Stick
(selected varieties)



4/\$5

1 oz

Enjoy Life Foods
Soft Baked Cookies



\$3²⁹

6 oz

Good Health
Avocado Oil
Potato Chips



\$2²⁹

5 oz

Panda
Licorice



2/\$5

7 oz

Alden's Organic
Organic Old School
Vanilla Ice Cream Sandwich



\$4⁹⁹

6 ct

LIVE Soda
Organic Kombucha



2/\$4

12 oz



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Califia Farms
Better Half Creamer

\$2⁷⁹
16.9 oz



Barbara's
Puffins Cereal

2/\$7
10-11 oz



Almond Breeze
Almondmilk
(selected varieties)

\$3⁴⁹
64 oz



siggi's
Icelandic Yogurt
(selected varieties)

4/\$5
4.0-5.3 oz



Coombs Family Farms
Organic Grade A Dark
Robust Maple Syrup

\$8⁴⁹
12 oz



Bob's Red Mill
Organic Old Fashioned
Rolled Oats

\$3⁷⁹
32 oz



Organic Valley
Organic Flavored
Half & Half

\$3²⁹
16 oz



Teecino
Organic Dandelion
Dark Roast Herbal Tea

\$3⁹⁹
10 ct



Milkadamia
Macadamia Milk

\$3⁴⁹
32 oz



Celestial Seasonings
Tea
(selected varieties)

2/\$5
20 ct



Kite Hill
Almond Milk
Yogurt
(selected varieties)

2/\$3
5.3 oz



Green Valley Creamery
Organic Lowfat Plain
Lactose Free Kefir

\$4⁴⁹
32 oz



RXBAR
Protein Bar
(selected varieties)

\$1⁶⁹
1.83 oz



nutpods
Dairy-Free Creamer
(selected varieties)

2/\$5
11.2 oz



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Amy's
Bowls
(selected varieties)

\$4²⁹
8.4-10 oz



Eternal
Naturally Alkaline
Spring Water

4/\$5
1 lt



Annie's
Organic
Mac & Cheese
(selected varieties)

2/\$5
6 oz



Applegate Farms
Chicken Nuggets
(selected varieties)

\$4⁹⁹
8 oz



Sir Kensington's
Avocado Oil
Mayonnaise

\$5⁹⁹
16 oz



Terra Chips
Sweet Potato
Chips
(selected varieties)

2/\$5
6 oz



Back to Nature
Crackers
(selected varieties)

2/\$5
6-8.5 oz



Zevia
Zero Calorie Soda

\$3⁷⁹
6 ct



So Delicious
Coconutmilk Frozen
Dessert Novelties

\$4⁴⁹
4-8 ct



Garden of Eatin'
Blue Corn
Tortilla Chips

2/\$7
6 oz



Beanfields
Bean Chips

2/\$5
5.5 oz



Chocolove
Chocolate Bar

2/\$4
2.9-3.2 oz



Green & Black's
Organic
Chocolate Bar

\$2⁷⁹
3.17 oz



Penta
Ultra-Purified Water

2/\$3
1 lt



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DYK?

100% ORGANIC

Products produced using exclusively organic methods, containing only organic ingredients, are allowed to carry a label declaring "100 percent organic" and may use the USDA Organic Seal.

(Use of the USDA seal is optional)



ProBar
Meal Bar

2/\$4
3 oz



Madhava
Organic
Light Agave

\$5.79

23.5 oz



ORGANIC

Products produced using exclusively organic methods that contain at least 95% organic ingredients may use the USDA Organic Seal.

(The other 5% must be non-GMO & on the National List)



MADE WITH ORGANIC

Products with 70% to 95% organic ingredients may display "Made with organic [with up to three specified ingredients or food groups]" on the front panel. The USDA Organic Seal may not be used, however products in this category MUST be certified through the same USDA organic certification process that is required for "100% Organic" and "Organic" label.

KIND
Nuts & Spices Bar

4/\$5

1.4 oz



#Organic @OrganicTrade

OTA.com

Buried Treasure
Children's ACF

\$21.99

16 oz



Garden of Life
mykind Organics
Organic Elderberry
Gummy

\$24.99

120 ct



Vibrant Health
Green Vibrance

\$39.99

12.5 oz



Yerba Prima
Great Plains
Bentonite

\$9.49

16 oz



Vega
Organic Vega One
All-In-One-Shake

\$49.99

24.3-26.9 oz.



Sovereign Silver
Bio-Active Silver
Hydrosol Dropper

\$19.99

4 oz



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ORGANIC INDIA®

Ashwagandha
Whole Husk Psyllium
Moringa

- Whole herb supplements rooted in Ayurveda
- Formulated by master practitioners
- Blending ancient & modern science

USDA ORGANIC, Non-GMO, Certified Organic, U.S. Patented, OrganicIndiaUSA.com

Infuse your daily ritual with timeless wisdom

Organic India
Organic Ashwagandha

\$15⁹⁹

90 vcap



MegaFood
Turmeric Strength
for Whole Body

\$19⁹⁹

60 ct



New Chapter
Wholemega™
Whole Fish Oil

\$19⁹⁹

60 sgel



Renew Life
3-Day Cleanse

\$5⁹⁹

12 cap



Terry Naturally
Curamin Extra Strength

\$19⁹⁹

30 tab



Plus CBD Oil
CBD Oil Softgels
Gold Formula

\$15⁹⁹

10 ct



Natural Factors
Vitamin C 500
Chewables

\$9⁹⁹

90 ct



Bluebonnet Nutrition
Blueberry Liquid Calcium
Magnesium Citrate

\$12⁴⁹

16 oz



Solaray
Microbiome Probiotic
Women's Formula

\$24⁹⁹

30 cap



Jarrow Formulas
Saccharomyces
Boulardii + MOS

\$17⁹⁹

90 vcap



Garden of Life
Organic Lavender
Essential Oil

\$13⁴⁹

0.5 oz



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Biokleen
Oxygen Bleach Plus

\$4⁹⁹

32 oz.



ECOS
Dishmate

\$2⁹⁹

25 oz.



Dr. Bronner's
Organic Pure-Castile
Liquid Soap
(selected varieties)

\$7⁹⁹

16 oz.



Alaffia
Coconut Reishi
Deodorant

\$4⁴⁹

2.65 oz.



Andalou Naturals
1000 Roses
Cleansing Foam

\$9⁴⁹

5.5 oz.



DERMA E
Vitamin C
Concentrated Serum

\$19⁴⁹

2 oz.



Essential Oxygen
Organic Peppermint
Brushing Rinse

\$10⁴⁹

16 oz.



Himalaya
Whitening
Complete Care

\$4⁹⁹

5.29 oz.



Boericke & Tafel
Arniflora Arnica Gel

\$9⁹⁹

2.75 oz.



Weleda
Skin Food

\$18⁹⁹

2.5 oz.



Mineral Fusion
Volumizing Mascara

\$15⁴⁹

0.57 oz.



biokleen
CELEBRATING
THIRTY YEARS

Plant-based clean and
save some *green*

3x concentrated with
plant-based cleaning power
delivers low-cost per load

Learn how we Clean for Good at
www.biokleenhome.com/CleanforGood



“Each moment of the year
has its own beauty.”
-Ralph Waldo Emerson



Independent Choice™ specials are available at members of the Independent Natural Food Retailers Association store locations:

ALABAMA

Manna Grocery & Deli
2300 McFarland Blvd E, Tuscaloosa

ARKANSAS

Nature's Wonders
910 Hwy 62-65 N, Harrison

The Eureka Market

121 E Van Buren, Eureka Springs

The Truck Patch

1602 Hwy 62E, Mountain Home 906
Southwest Dr, Jonesboro

ILLINOIS

Choices Natural Market
6718 Broadway Pkwy, Loves Park

**Cornucopia
Natural Market & Deli**
176 Seminary St, Galena

Green Earth Grocery
441 S Buchanan St, Edwardsville

Heritage Natural Foods
1317 6th Ave, Moline

Kankakee Natural Foods
1035 Mulligan Dr, Bradley

Local Foods
1427 W Willow, Chicago

Polson's Natural Foods
960 Main St, Antioch Southtown

Health Foods
2100 W 95th St, Chicago

Sunrise Health Foods
17650 Torrence Ave, Lansing
5205 Volmer Rd, Bloommer
4111 W 183rd St, Country Club Hills

INDIANA

Cathy's Natural Market
1515 North Cass Street, Wabash

Down to Earth Natural Foods
14678 SR 25 E, Granger

Georgetown Market
4375 Georgetown Rd, Indianapolis

**The Good Earth
Natural Food Company**
6350 Guilford Ave, Indianapolis

**Natural Choices
for Healthful Living**
1825 Central Ave, Columbus

Nature's Cupboard
761 Indian Boundary Rd, Chesterton
340 Dunn Plaza, Michigan City

Rainbow Blossom
3005 Chestnutown Crossing Way, New
Albany

Sunrise Health Foods
1708 E Lincolnway, Valparaiso

The Sunspot Natural Market
3717 S Reed Rd, Kokomo
500 W Sagamore Pkwy, W Lafayette

Tyner Pond Farm Market
120 S Audubon Rd, Indianapolis

IOWA

Campbell's Nutrition
4040 University Ave, Des Moines
2749 100th St, Urbandale

Everybody's Whole Foods Store
501 N 2nd St, Fairfield

Heritage Natural Foods
3875 Elmore Ave, Davenport

KANSAS

Kountry Cupboard
15750 SW 150th St, Rose Hill

KENTUCKY
Happy Meadow Natural Foods
286 Glades Rd, Berea

Rainbow Blossom
5738 Lexington Rd, Louisville 3608
Springhurst Blvd, Louisville 12232
Shelbyville Rd, Louisville 5046
Bardstown Rd, Louisville

MICHIGAN

Better Health Market
3500 Washtenaw Ave, Ann Arbor
42875 Gerald River, Novi
10864 Belleville Rd, Belleville
2055 S Telegraph, Bloomfield Hills
1330 N Telegraph Rd, Dearborn
305 N Clipper St, Lansing
19850 Mack Ave,
Grosse Pointe Woods
20452 Farmington Rd, Livonia
44427 W Ann Arbor Rd, Plymouth
17606 W 13 Mile Rd, Beverly Hills
53452 Van Dyke, Sterling Heights
17825 Eureka Rd, Southgate
6235 W Saginaw, Lansing
14105 Hall Rd, Shelby Township

Natural Health Center
4610 W Main St, Kalamazoo

Western Market
447 W. Nine Mile Rd, Ferndale

MINNESOTA

**A Clean Plate
Local & Organic Grocer**
13 Birch Ave SE, Menahga

MISSOURI

Clovers Natural Market
2012 E Broadway, Columbia 2100
Chapel Plaza Ct, Columbia

Mama Jean's Natural Market
3530 E Sunline, Springfield
1727 S Campbell Ave, Springfield
1110 E Republic Rd, Springfield

MJ's Market & Deli
900 E Bardfield, Springfield

Natural Health Organic Foods
135 S Broadview St, Cape Girardeau

Nature's Own Health Market
1020 Westport Road, Kansas City
310 E 5th St, Kansas City

Suzanne's Natural Foods
5106 S Connecticut, Joplin

Terra Health Market
19800 E Jackson Dr, Independence

OHIO

Kindred Market
284 East State Street, Adams

**Raisin Rack
Natural Food Market**
4629 Cleveland Ave NW, Canton
2545 Scheuck Rd, Winterville

PENNSYLVANIA

Nature's Way Market
796 Highland Ave, Greenburg

SOUTH DAKOTA

Pomegranate Market
4815 S Louise Ave, Sioux Falls

TEXAS

Fresh Plus
1221 W Lynn St, Austin
408 E 43rd St, Austin
2917 Anderson Ln, Austin
2401 San Gabriel, Austin

WEST VIRGINIA

Mother Earth Foods
1638 19th St, Parkersburg

WISCONSIN

Downtown Grocery
607 Third St, Watson

The Free Market
734 W Wisconsin Ave, Appleton

Good Harvest Market
2205 Silvernail Rd, Pewaukee

The Grainery
127 3rd St, Baraboo

Greens N Grains
7821 Hwy 42, Egg Harbor

Healthy Way Market
142 S 3rd Ave, Sturgeon Bay

Village Market
806 S Main St, Fond du Lac